

THANH P. LAM, PHARM.D

John D. Dingell VA Medical Center
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Detroit, MI 48201
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EDUCATION

University of the Sciences, Philadelphia, PA 2005 – 2011
Philadelphia College of Pharmacy, USciences
Doctor of Pharmacy, Cum Laude

LICENSES

Pennsylvania Registered Pharmacist #RP447427 2013 – Present
New Jersey Registered Pharmacist #28RI03431800 2011 – Present

CERTIFICATIONS

University of the Sciences Teaching Certificate 2012 – Present
Advanced Cardiovascular Life Support Certified 2011 – Present
APhA Pharmacy-Based Immunization Delivery 2010 – Present

PROFESSIONAL EXPERIENCE

PGY-2 Ambulatory Care Resident Aug 2012 – Present

John D. Dingell VA Medical Center, Detroit, MI
American Health-Systems Pharmacists (ASHP) Pre-Candidate

Longitudinal & Staffing Experiences

- Provided formal (written) and informal (verbal) drug information responses to providers
- Counseled patients on their medications including prescription, over-the-counter, herbal supplements, and vitamins and educated them on the appropriate use of medical devices
- Provided recommendations on the appropriateness of high-cost drug requests to Pharmacy & Therapeutics (P&T) committee based on evaluation of primary literature, chart review, and cost analysis
- Documented all activities, including patient encounters and chart reviews, utilizing CPRS
- Processed, verified, and dispensed outpatient prescriptions using VISTA and ScriptPro
- Completed controlled substances inventory during weekend staffing
- Engaged in discussions on pharmacotherapeutic topics and guidelines with preceptors

Patient Aligned Care Team (PACT) Sept 2012 – Present

Preceptors: Tracy A. Martinez, PharmD, BCPS; Stephanie Rowe, PharmD, BCPS

- Provided medication therapy management and education, with a focus on monitoring patients with uncontrolled diabetes, hypertension, and/or hyperlipidemia

- Assessed patients through chart reviews and interviews in clinic and telephone to determine optimal plans to assist them in the achievement of their individualized therapeutic goals
- Educated patients on their applicable chronic disease states, with an emphasis on medication adherence and lifestyle modifications

Anticoagulation

Sept 2012 – Present

Preceptor: Jennifer Clemente, PharmD, BCPS

- Monitored patients anticoagulated with warfarin, dabigatran, low molecular weight heparin (LMWH), and rivaroxaban for safety and efficacy
- Adjusted warfarin dosing based on point-of-care INR monitoring and patient interview
- Devised perioperative anticoagulation bridging plans with LMWH and warfarin

Heart Failure (HF)

Sept 2012 – Present

Preceptor: Vanita Panjwani, BS, PharmD

- Collaboratively monitored and managed heart failure patients with a Cardiology Nurse Practitioner to assess disease severity and medication side effects with the goal of titrating medications to optimal target doses
- Provided in-depth education to patients on HF disease state and medications, salt-restriction, and diuretic management

Pulmonary/Chronic Obstructive Pulmonary Disease (COPD)

Nov 2012 – Dec 2012

Preceptor: Norma Elhasan, PharmD

- Educated COPD patients on the appropriate use of their multiple inhalers and provided information on the disease state and smoking cessation

Upcoming rotations to be completed:

- Smoking Cessation
- Endocrinology
- Complex Lipid Management
- Women’s Health
- Hepatitis C
- Home Based Primary Care (HBPC)

Committee Responsibilities

Aug 2012 – Present

Southeastern Michigan Society of Health-Systems Pharmacists (SMSHP) Programming

Flu Champion

Detroit Medical Center (DMC) Residency Forum

Residency Advisory Committee (RAC)

PGY-1 Pharmacy Practice Resident

July 2011 – June 2012

Philadelphia VA Medical Center, Philadelphia, PA

American Health-Systems Pharmacists (ASHP) Accredited

Longitudinal Experience

- Monitored and recommended warfarin, heparin, vancomycin, and aminoglycoside dosing to providers based on labs and dosing history and/or pharmacokinetic calculations

- Completed weekly non-formulary consults based on the VA's Criteria for Use guidelines to ensure appropriate uses of medications
- Served as editor and contributing writer for quarterly Pharmacy Newsletter
- Organized and developed activities for Pharmacy Week 2011 to celebrate and promote the value of pharmacists to patients
- Attended P&T committee meetings to record minutes and present severe adverse drug reactions reported to FDA MedWatch
- Developed and presented drug monographs for Abraxane® (albumin-bound paclitaxel) and romidepsin to P&T committee for non-formulary considerations
- Reported suspected adverse drug reactions to VA Adverse Drug Event Reporting System
- Prepared IRB paperwork for research projects and attended IRB meetings

Staffing Experience

- Conducted medication reconciliation and discharge counseling on all medication changes for the entire hospital every 4th weekend and on designated holidays
- Evaluated medication orders for appropriate indication, dosing, and drug interactions
- Processed, filled, and verified inpatient and outpatient prescription orders

Hepatitis C/Infectious Diseases

June 2012

Preceptor: Rose O'Flynn, PharmD, BCPS

- Assessed efficacy and toxicity of hepatitis C patients on triple therapy through monitoring of laboratory parameters and patient interview
- Managed side effects related to hepatitis C treatment with pharmacological and non-pharmacological therapies and/or referrals

Disease State Management

May 2012

Preceptors: Anita Patel, PharmD, BCPS, CACP; Molly Vandiver, PharmD, CDE

- Managed patients with chronic disease states (diabetes, hypertension, and dyslipidemia) to help achieve therapeutic goals and monitored for efficacy and toxicity

Ambulatory Care

Mar – Apr 2012

Preceptors: Paula Jacobs, PharmD; Mabel Chin, PharmD

- Managed patients anticoagulated with warfarin, enoxaparin, fondaparinux, and dabigatran by monitoring for efficacy and safety through patient interviews, dosing histories, and laboratory values and making necessary adjustments to therapies
- Developed patient education sheets for warfarin, enoxaparin, fondaparinux, and dabigatran and updated the Anticoagulation Clinic's Policy & Procedures brochure to be used during counseling for new anticoagulation patients

Pain Management

Mar – Apr 2012

Preceptor: Paul Harden, PharmD

- Assessed pain control, functional ability, and aberrant behavior in chronic pain patients through patient interviews, chart and medication review, and urine drug screens
- Recommended appropriate pain treatment regimens based on guidelines and patient history

Psychiatry

February 2012

Preceptor: Karimah Lynum, PharmD

- Evaluated patients on mood stabilizers, antipsychotics, and antidepressants for efficacy and toxicity through chart reviews, patient interviews, and assessments of applicable monitoring parameters
- Recommended drug therapy modifications and monitoring parameters to providers

Medical Intensive Care Unit (MICU)

January 2012

Preceptor: Laura Redmond, PharmD, BCPS

- Assessed MICU and Cardiac Care Unit (CCU) patient charts daily for appropriate usage of medications and monitored therapies for efficacy and toxicity
- Attended daily MICU and CCU rounds to provide drug information and recommendations
- Counseled patients upon discharge on all medication changes

Pharmacy Administration

December 2011

Preceptor: Bonnie Balderose, PharmD, MHA

- Evaluated “First Fill Pharmacy” program for utilization, trends, and issues for the month of November 2011
- Conducted Medication Use Evaluations (MUE’s) for buprenorphine/naltrexone, dalfampridine, and fingolimod to assess for efficacy and whether appropriate monitoring parameters were completed
- Assisted in the Ongoing Professional Practice Evaluation (OPPE) of clinical pharmacists through objective evaluations of their notes in CPRS

Surgical Intensive Care Unit (SICU)

November 2011

Preceptor: Yen Hua, PharmD, BCPS

- Conducted daily medication reconciliation and chart review to ensure appropriate and safe use of medications for surgical and urology patients
- Identified and corrected errors, including inappropriate medications, doses, and interactions, through recommendations to medical team
- Educated nursing staff on heparin compatibilities with common ICU medications by developing a quick reference table

Geriatrics/Home-Based Primary Care (HBPC)

October 2011

Preceptor: Katie Ang, PharmD, BCPS, CGP

- Piloted and developed protocol for pharmacists to conduct video visits with home-bound patients to review medications and educate patients and caregivers
- Conducted initial and 90-days chart reviews for HBPC patients to assess medication appropriateness
- Processed and counseled geriatric patients on new prescriptions and refills

Internal Medicine

September 2011

Preceptor: Reni Thomas, PharmD

- Evaluated patient charts daily to identify medication errors or inappropriate drug therapy and reviewed labs to ensure the appropriate and safe use of medications
- Attended daily rounds with medical team to provide recommendations and drug information

- Completed medication reconciliation for patients upon admission and discharge and provided patient counseling on all medication changes

Disease State Management

August 2011

Preceptor: Molly Vandiver, PharmD, CDE

- Assessed patients with chronic disease states through subjective and objective findings at scheduled clinic appointments and telephone calls
- Developed therapeutic plans to optimize the management of diabetes, hypertension, and dyslipidemia using evidence-based guidelines
- Monitored patients for safety and efficacy through follow-up visits and phone calls

Pharmacy Intern

Jun 2006 – Jun 2011

Parkway Pharmacy, Atlantic City, NJ

- Developed protocol, policies, and forms to initiate the pharmacy’s diabetes management and immunization programs
- Optimized medication safety and appropriateness through management of drug interactions and assessments of medication profiles and resolved prescription problems through communications with physicians, patients, and/or insurance companies
- Counseled, educated, and trained patients on the proper usage of prescription medications, over-the-counter products, and glucometers
- Compounded capsules, creams, ointments, suspensions, suppositories, gels, and troches

TEACHING EXPERIENCE

Ambulatory Care APPE Preceptor

2012 – Present

- Precepted P4 students on rotation at the John D. Dingell VA to provide direct patient care in ambulatory care clinics and engaged in topic discussions

Practice Lab & Case Studies II & III

Fall ‘11 – Spring ‘12

- Served as a lab instructor for 6-8 students in biweekly 2-hour pharmacy practice lab, helping students to apply lecture material and strengthen fundamental skills such as communication and critical thinking

IPPE & APPE Preceptor

Spring 2012

- Precepted P2, P3, and P4 students on rotation at the Philadelphia VA by developing schedules and activities and evaluating performances

“Physical Activity & Glycemic Control”

Spring 2012

- Gave 1-hour guest lecture in Diabetes elective course at USciences

CLERKSHIP EXPERIENCE

General Medicine

Mar 2011 – Apr 2011

Cooper Hospital, Camden, NJ

Preceptor: Michael Kessler, PharmD

Community Pharmacy

Feb 2011 – Mar 2011

ACME Pharmacy, Mays Landing, NJ

Preceptor: Walter East, RPh

Hospital Pharmacy Practice

Jan 2011 – Feb 2011

<i>South Jersey Healthcare, Vineland, NJ</i>	Preceptor: Joe Alessandrini, RPh
Long-Term Care	Nov 2010 – Dec 2010
<i>Woodbine Developmental Center, Woodbine, NJ</i>	Preceptor: Shellie Brooks, RPh
Home IV Infusion	Oct 2010 – Nov 2010
<i>Home Solutions, Somers Point, NJ</i>	Preceptor: Brian Howard, PharmD
Intensive Care Unit	Aug 2010 – Oct 2010
<i>AtlantiCare Regional Medical Center, Pomona, NJ</i>	Preceptor: Joseph Gerace, PharmD
Community Pharmacy	Jul 2010 – Aug 2010
<i>Boynton Pharmacy, U of M, Minneapolis, MN</i>	Preceptor: Stephen Cain, PharmD
Ambulatory Care	May 2010 – Jun 2010
<i>Philadelphia VA Medical Center, Philadelphia, PA</i>	Preceptor: Anita Patel, PharmD

PROJECTS & PRESENTATIONS

Projects

Chronic Gout Clinic	2013 – Present
<ul style="list-style-type: none"> Current PGY-2 service enhancement project with on-going progress towards establishing a pharmacist-run gout clinic at the John D. Dingell VA 	
“Determining which measure of renal function best predicts the development of myalgia in patients on statins”	2012 – Present
<ul style="list-style-type: none"> Current PGY-2 residency research project with on-going data collection and anticipated results to be presented at Great Lakes Pharmacy Resident Conference 2013 Poster presented at ASHP Midyear Clinical Meeting 2012 	
“Assessing average time to refilling insulin detemir vials”	2011 – 2012
<ul style="list-style-type: none"> PGY-1 residency project with results presented at Eastern States Conference 2012 	
Parkway Pharmacy’s Diabetes Education & Management Program	2011 – 2012
<ul style="list-style-type: none"> Assisted in the development of diabetes service by developing and managing all clinical forms and references used Served as consultant clinical pharmacist 	
Parkway Pharmacy’s Immunization Program	2009 – 2011
<ul style="list-style-type: none"> Assisted in the initiation of influenza vaccination service by developing the protocol, policies, and procedures 	

Presentations

“Patient Case: Impact of Exercise on Diabetes”	November 2012
<i>John D. Dingell VA Medical Center, Detroit, MI</i>	
<ul style="list-style-type: none"> Presented to pharmacists 	
“All About Insulin”	November 2012
<i>John D. Dingell VA Medical Center, Detroit, MI</i>	
<ul style="list-style-type: none"> Presented to patients 	
“Patient Case: Resistant Hypertension”	October 2012
<i>John D. Dingell VA Medical Center, Detroit, MI</i>	
<ul style="list-style-type: none"> Presented to pharmacists and pharmacy students 	

<p>“Warfarin: Drug, Food, & Lifestyle Interactions” <i>Philadelphia VA Medical Center, Philadelphia, PA</i></p> <ul style="list-style-type: none"> ▪ Presented to nurses 	<p>March 2012</p>
<p>“Management of Hyperphosphatemia in Chronic Kidney Disease” ACPE CE #0056-9999-12-001-L01-P <i>Philadelphia VA Medical Center, Philadelphia, PA</i> <i>Philadelphia College of Pharmacy, Philadelphia, PA</i></p> <ul style="list-style-type: none"> ▪ Presented to pharmacists and pharmacy students 	<p>January 2012</p>
<p>“A Classic Case of NSTEMI” <i>Philadelphia VA Medical Center, Philadelphia, PA</i></p> <ul style="list-style-type: none"> ▪ Presented to pharmacists 	<p>January 2012</p>
<p>“Patient Case: Diabetic Foot Infection” <i>Cooper Hospital, Camden, NJ</i></p> <ul style="list-style-type: none"> ▪ Presented to pharmacists and pharmacy students 	<p>April 2011</p>
<p>“Converting from PCA to Oral Opioids” <i>Cooper Hospital, Camden, NJ</i></p> <ul style="list-style-type: none"> ▪ Presented to medical interns, residents, and attending physician 	<p>April 2011</p>
<p>“Understanding Insulin” <i>ACME Pharmacy, Mays Landing, NJ</i></p> <ul style="list-style-type: none"> ▪ Presented to pharmacy technicians 	<p>March 2011</p>
<p>“Management of Anemia in Adult Hemodialysis Patients” <i>South Jersey Healthcare, Vineland, NJ</i></p> <ul style="list-style-type: none"> ▪ Presented to pharmacy staff 	<p>February 2011</p>
<p>“Cardiac Medication Review & Education” <i>South Jersey Healthcare, Vineland, NJ</i></p> <ul style="list-style-type: none"> ▪ Presented to cardiac rehabilitation patients 	<p>January 2011</p>
<p>“Type II Diabetes: Focus on Oral Medications” <i>Woodbine Developmental Center, Woodbine, NJ</i></p> <ul style="list-style-type: none"> ▪ Presented to nurses, pharmacists, and dieticians 	<p>December 2010</p>
<p>“Intravenous Immunoglobulins (IVIg): An Overview” <i>Home Solutions, Somers Point, NJ</i></p> <ul style="list-style-type: none"> ▪ Presented to pharmacists, nurses, and staff 	<p>November 2010</p>
<p>“Pharmacotherapeutic Care of the Geriatric Patient” <i>AtlantiCare Regional Medical Center, Pomona, NJ</i></p> <ul style="list-style-type: none"> ▪ Presented to pharmacists and clinical director 	<p>October 2010</p>
<p>“Drug Management of Dyslipidemia at the VA” <i>Philadelphia VA Medical Center, Philadelphia, PA</i></p> <ul style="list-style-type: none"> ▪ Presented to pharmacists and pharmacy students 	<p>June 2010</p>
<p>“Inhaled Treprostinil for Treatment of Pulmonary Hypertension” <i>University of the Sciences, Philadelphia, PA</i></p> <ul style="list-style-type: none"> ▪ Presented to faculty and pharmacy students 	<p>October 2009</p>

Journal Club Presentations

- Gane EJ, et al. Nucleotide Polymerase Inhibitor Sofosbuvir plus Ribavirin for Hepatitis C. *N Engl J Med*. 2013 Jan 3;368(1):34-44. January 2013
John D. Dingell VA Medical Center, Detroit, MI
- Presented to pharmacists and pharmacy student
- Kerstjens HAM, et al. Tiotropium in Asthma Poorly Controlled with Standard Combination Therapy. *NEJM*. 2012 Sept;DOI: 10.1056/NEJMoa1208606 September 2012
John D. Dingell VA Medical Center, Detroit, MI
- Presented to pharmacists and pharmacy students
- Sachs GS, et al. Adjunctive Oral Ziprasidone for Acute Treatment of Depression in Bipolar I Disorder. *J Clin Psych*. 2011 Oct;72(10):1413-22. February 2012
Philadelphia VA Medical Center, Philadelphia, PA
- Presented to pharmacists and pharmacy students
- Boden WE, et al. Niacin in Patients with Low HDL Cholesterol Levels Receiving Intensive Statin Therapy. *NEJM*. 2011 Dec;365(24):2255-67. January 2012
Philadelphia VA Medical Center, Philadelphia, PA
- Presented to pharmacists
- Villareal DT, et al. Weight Loss, Exercise, or Both and Physical Function in Obese Older Adults. *NEJM*. 2011 Mar;364(13):1218-29. October 2011
Philadelphia VA Medical Center, Philadelphia, PA
- Presented to pharmacists and pharmacy students
- Vogelmeier C, et al. Tiotropium versus Salmeterol for the Prevention of Exacerbations of COPD. *NEJM*. 2011 Mar 24;364(12):1093-1103. April 2011
Cooper Hospital, Camden, NJ
- Presented to pharmacists and pharmacy students
- Bolland MJ, et al. “Effect of calcium supplements on risk of myocardial infarction and cardiovascular events: meta-analysis”. *BMJ* 2010;341:c3691 September 2010
AtlantiCare Regional Medical Center, Pomona, NJ
- Presented to medical interns, residents, and attending physician

HONORS & AWARDS

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| Rho Chi Honor Society | 2009 – 2011 |
| Multiple Scholarship recipient | 2005 – 2011 |
| <i>Awarded \$10,000-18,000 per year for academic excellence, community involvement, and leadership</i> | |
| USciences Merit, “Poucher” Memorial Fund, “Mercedes-Benz”, “AARP”, “Local 54”, “Asian & Pacific Islander American”, “Dollars for Scholars”, “Ocean Club”, and “Chelsea Book Club” | |
| Dean’s List | 2005 – 2010 |
| <i>University of the Sciences</i> | |
| Fall ’05, Spring ’06, Fall ’06, Spring ’08, Fall ’08 | |

Spring '09, Summer '10, Fall '10

ASHP Clinical Skills Competition – 2 nd Runner Up <i>University of the Sciences' School Competition Round</i>	May 2010
National Alpha Lambda Delta Honor Society	2006 – 2007
Eckerd Pharmacy “Excellence in Customer Service” recognition	August 2005

PROFESSIONAL AFFILIATIONS

Southeastern Michigan Society of Health-Systems Pharmacists (SMSHP)
American Society of Health-Systems Pharmacists (ASHP)

COMMUNITY SERVICE & ACTIVITIES

Wayne County Pharmacists Association/Oakland County Pharmacists Association Health Fair, Southfield, MI	September 2012
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- Educated fair attendees about medications and disease states

“Brown Bag” Event, Mays Landing, NJ	March 2011
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- Organized event to educate patients about their medications and answered questions about drugs and disease states

“Community Service Project”, Philadelphia, PA	October 2010
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- Educated residents at the 3rd Annual RiverCity Festival on how to properly store and take medications through a home-made board game

Elected Board Member	2005 – 2009
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Asian Student Association, USciences

- Raised money for children with cleft palates through annual Pan-Asian Showcase which highlights Asian American culture through performances and banquet
- Raised money for AIDS research through group participation in annual “AIDS Walk” in Philadelphia, PA
- Helped devise, plan, and organize all group events including community service, fundraisers, dances, dinners, programs, and trips

Elected Senator, Multicultural Committee Member	2006 – 2008
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Student Government Association, USciences

- Acted as a liaison for the Asian Student Association at the biweekly Student Government meetings where issues and events impacting students were discussed and voted upon
- Helped plan 2007 and 2008’s “Multicultural Week”, a week-long event of on-campus activities that promoted awareness of different cultural groups on campus and raised money to help stop human trafficking
- Served as a mentor to 5 college-bound students during USciences Mentor Day 2008 by letting them attend my lectures, giving academic advice, and answering their questions